

Top 10 things you need to know about dental implants

1. **Improved confidence** – if you are ever worried that your denture will move or slip, then the fixed security of a titanium root (the implant), finished off with a tooth-like crown over the top will help.
2. **Enjoy your favourite foods** – because dental implants are fixed, you can eat what you enjoy again including chewing that steak you've avoided in your favorite restaurant! Your diet will improve too because you can eat what you like again.
3. **Natural life-like appearance** – the crowns that sit on dental implants provide a beautiful natural appearance and can match your other existing natural teeth or can be used to improve your appearance and smile.
4. **Better for your oral health** – unlike bridges, dental implants do not damage adjacent natural teeth; and unlike dentures they do not encourage food and plaque build up between supporting teeth. Although dental implants have to be carefully cleaned to preserve the bone around them, they don't 'push' food and plaque into the gaps between other teeth.
5. **Long lasting solution** – dental implants are considered the Gold Standard in providing a long lasting solution for the replacement of missing teeth. Provided they are carefully cleaned and looked after, then dental implants will usually last longer than crowns, bridges or dentures. Just like natural teeth, all conventional crowns, bridges or fillings require occasional repair or maintenance, but if you maintain them well and your mouth stays healthy, then they will last years and probably for your lifetime.
6. **Preserve healthy bone** – dental implants preserve healthy bone within the jaw. When your natural tooth is removed, the bone within the jaw that supported it dissolves away. Placing a dental implant to replace the tooth helps to conserve that bone and avoids the caved-in appearance of a shrunken jaw and can help to maintain the shape of your face?
7. **No more taking your teeth out** – if you currently use a denture, then dental implants provide a fixed tooth replacement and there is no need to remove them at night. You can now throw away your denture glue and your ill-fitting painful dentures!
8. **Substitute for a natural tooth root** – dental implants are a substitute for a natural tooth root, made from titanium, which can be used to replace individual teeth, larger gaps or even all the teeth in a jaw. They are also used to stabilise a removable denture.
9. **3D X-Ray / cone beam CT Scans** - here at Guildhall Dental we use a 3D X-Ray/ Cone Beam CT Scan to accurately and safely place the dental implant. Using cone beam technology takes the guesswork out of implant surgery. We know exactly where to place the implant and if there is sufficient bone beforehand.
10. **Love your smile again** – dental implants are as close as it is possible to get to a natural tooth, both in function and in appearance.